



PEACE

by Jim Gordon, President of ILM

Recently I was writing in my journal after my morning meditation. As I sat in my room writing, I became aware of the morning light beginning to shine in the window. I looked out and saw the sun rising and the most beautiful colors beginning to fill the sky. As I watched I saw yellows, reds, oranges, purples and blues fill the sky as the dark of night gave way to the morning light.

The world began to wake up as I heard the birds begin to sing their morning songs and the deer began arriving for their morning corn. I continued to look out the window and saw a gray fox make its way across the driveway and into the garden as it completed its nightly hunting ritual. The sun rose higher in the sky and the colors changed quickly. Within minutes the sky was filled with the bright yellow morning sun and a vibrant blue with the white of clouds floating above. There was a great peace and harmony in all this and it reminded me of the inner peace and harmony that I had just experienced in my meditation. As I continued to sit and move in harmony with the wakening new day I felt myself moving in rhythm with the peace and harmony of the morning.

Then suddenly, I felt something move inside me that stirred me away from the peace. I tried to hold to the peace and harmony but this new 'something' was beginning to get in the way of the peace. I moved into observing this new movement inside. What I became aware of was that my connection from that place of peace inside to the place of peace outside in the world was being broken. I watched and listened as I felt this 'push' inside urging me to get busy and finish writing in my journal, to get up and go feed the deer, to "Get my morning coffee and start the day."

I sat there for a few moments observing the continued push that was wanting, demanding, need-

ing me to get up and get busy. I then realized how often I have responded to this push to get up and 'do' rather than continuing to live in the peace. I also realized that this push, this voice is the voice that sometimes comes in and tries to get me to not meditate. "Get up", it will say, "you have things to do; get up now and don't waste this time sitting here."

As I continued to observe this energy trying to separate me from my inner peace, I realized how often this inner push gets me to focus outside into the world and away from the inner peace. Interestingly, I know that the inner peace is always present inside me. Always. What I am learning is how often I look away from the place of peace inside and choose to focus elsewhere, such as on things outside in the world that are calling to me.

I am ever learning on this wonderful path of life, and this is another opportunity for me to learn and grow. I want peace in my life and peace in all things that I do and participate in. I am realizing that I am the one who carries my peace. My peace is ever present inside. I am not going to find my peace out in the world, and others cannot give me my peace. I am the only one who can bring forth my peace from within and live it in all things I do.

It is my choice whether I continue throughout the day to stay 'focused into' that place of peace inside. It is my choice, and it is accomplished by my 'staying present' and by keeping my attention on that which is actually most important to me. I am beginning to see how I often make things such as phone calls, e-mail, and obligations in the world more important than living in the peace that dwells within.

I am beginning to understand the words of a song that I heard many years ago. These words ring in my head and my heart, calling out to be understood and to be lived. I feel that I am beginning to more deeply understand and live them. The words are, "Let there be peace on Earth and let it begin with me." ▲



THE JOURNEY OF GREATER INTENTION

by Laura Kesten-Beaver, ILM Minister

In the classic tale, *The Wizard of Oz*, Dorothy sets out on a journey of great intention — looking for her way home. On the way, she collects an entourage who together, in the face of many obstacles, are miraculously assisted by good-doers. The story I will share with you now is another story about a journey of greater intention, that I, and an entourage, took to California this past summer.

The plan was to begin with me flying to Phoenix, then driving five hours north to Page, Arizona, staying overnight, and then meeting my daughter, Cally, who would be just finishing a white-water rafting excursion through the Grand Canyon with her father. After retrieving Cally, we would drive the five hour road-trip back to Phoenix, stay the night at a hotel near the airport, and early in the morning fly to Los Angeles in order for her to arrive at the University of Santa Monica — just in time to begin *TEEN INSIGHT-I*, a personal growth seminar. That was our intention, to get to LA for *Insight*. And the plan I laid out, although somewhat complicated, seemed perfectly attainable.

A month before our departure, Cally invited a girlfriend, Jamie, to participate in *INSIGHT* with her. Jamie would make the trip with me. A few days later, I asked my friend Steve, who was already going to California to assist the *TEEN INSIGHT*, to also join us for our “road-trip”. Then, just a few days before our departure, another friend, Sarah called wanting to come out and visit. I told her of ‘the plan’ and that she was welcome to join us. She accepted — and our group of companions was complete!

Jamie, Steve, Sarah and I successfully made it to Page via Phoenix without a hitch, in five hours flat. We picked up Cally, and headed back to Phoenix. This time we stopped to shop at a Native American trading post, then again to take a few pictures, another time for gas and a pit stop, then again for coffee and food. Nearing 1:00 am, more than *nine* hours after we left Page, we checked into our hotel in Phoenix.

Our flight departure time was 5:35 am. We got up at 4:00 am and shortly after headed to the airport. I figured we had just enough time to get to the airline check-in — *if* we made no errors. At 4:45 we arrived at the car rental — only to be told that we were at the *wrong* rental return (there were two for the same company!?). We would have to go down the circular drive to the ground level, then around the entire terminal, until we reached their *other* car rental return.

I suddenly felt very hot. This was an error — a *big* error. I told myself to just breathe, and not panic. When the nice man stationed at the ‘wrong’ car-returns-exit learned we had a flight leaving shortly, he told us, in broken English, to take a short-cut by going down a one-way the wrong way, crossing over to the lane on the other side of the cement separation, and then proceeding to the “other” car rental return. I think he said something like, “Just watch out for a policeman.” We successfully took the short-cut.

We rushed to the American Airlines check-in, gave our names to the man behind the counter, and as he began typing, he also began shaking his head. Oh oh. “You’ve missed your flight,” he said, immediately typing to look for the next departure availability. In the past, I would have at this point been moving through stages of panicking, sweating, swearing, and blaming, but instead I again focused my attention on my breathing, and maintained balance.

The man reported that the next flight was completely booked. I quickly asked if there were any other airlines that at least three of our group could get on (Cally and Jamie, the *INSIGHT* participants, and Steve, the seminar assistant). He typed some more and told us that United had availability on a flight that would be leaving in one hour, but he cautioned that he could not guarantee they would take us, nor could he promise they wouldn’t charge us another \$350 per person.

“Can you just tell us how to get there?” I asked. This nice man then stepped out from behind his post,

Journey continues on page 4 ▶

INNER LIGHT MINISTRIES

CLASSES & PROGRAMS: SEPT – DEC, 2002

PRESENTED BY JIM GORDON:

For additional information, call Laura Kesten at 512-894-0992

WEEKLY CLASSES: Jim's weekly Austin class is held Tuesdays 7:00 pm - 9:00 pm, ILM Center, Franklin Sq. Bldg., 3724 Jefferson, Ste. 100, Austin, TX.

Each class includes spiritual teaching, practical exercises, group discussion, and meditation. Jim helps participants to become more deeply in touch with the Spirit within.

EXCERPTS FROM TWO REMASTERED TAPES BY JIM GORDON

Calling In The Light & Awakening To Your Inner Light

(Two Seminars)

"It doesn't have to be a long drawn out process ... it can be just as simple as this — 'Light'. That can bring forward the Light of your own consciousness into the moment. And it can bring the Light of God into your consciousness and into the moment. Whatever you might envision it to be, or whatever your intention of that word would be, just saying "Light" can bring it forward."

Sending The Light

"There are two different lights of creation. There is the magnetic light and there is the Holy Light, the Holy Spirit Light. And what we're doing is calling in for the Light of the Holy Spirit to come forward into the light of creation and to have its impact in the light of creation. And that's called bringing forward the grace, and letting the grace participate in the process in this world of this creation. And so you're really bringing forward the blessings, bringing forward the Light of God, and making it more available by holding it and focusing it."



To Order: Each tape is **\$8.95** (Please include **\$3** per order for shipping and handling.) Checks may be made payable to **Inner Light Ministries** and sent to: Inner Light Ministries, P.O. Box 164332, Austin, Texas 78716-4332. Please include your name, address and phone number. *Allow 2-4 weeks for delivery.*

PRESENTED BY BRIAN YEAKY:

SPIRITUAL COUNSELINGS: Brian is available for individual counselings at this time. Call Brian at 512-306-1056 for an appointment.

The Spiritual counseling sessions, that ILM President and Elder Jim Gordon has provided as a service to individuals over the years, are now available from ILM Minister Brian Yeakey. In this Spirit of service, Jim has asked Brian to continue this action of supporting individuals in their spiritual upliftment and growth. These counseling sessions are offered as a service to assist individuals to awaken to the Spirit of who they are, to recognize the day-to-day reality of Spirit in their lives, to help bring clarity to different life issues, to move through the hardships of life, and to experience Loving and all that Spirit has to offer.

If you would like a counseling session with Brian, call 512-306-1056 to make an appointment. Sessions last approximately one hour and can be done in person or over the phone. These are tape recorded and the cassette is given to you at the end of the session. Brian is also available to do counselings in person when he is traveling in your area. There is no charge for this service; however, donations are welcome.

INNER LIGHT MINISTRIES CALENDAR

PRESENTED BY LAURA KESTEN:

For additional information, call Laura Kesten at 512-894-0992

PEACEMAKER: It has been two years since we last offered our “PeaceMaker Retreat”, and now, when peace in our hearts and peace in our world is more timely than ever, we invite you to participate in the incredible teachings of the Peacemaker. This retreat revolves around a 1000-year-old Iroquois Native American legend of a man called the Peacemaker, who, with his allies, created a peaceful democracy among the five troubled Indian nations of the northeastern woodlands. Together they persuaded their people to change old belief systems and embrace what the Peacemaker called a “New Mind.” Jean Houston describes the New Mind as: “A radical change in consciousness that opens itself to a new order of health, justice, and sacred power.” This powerful workshop offers an opportunity to let go of negative belief systems and behaviors that no longer serve us, and to embrace a New Mind, thus reconnecting with our own ‘peacemaker hearts’ within. Lodging, meals, all materials, and Jean Houston’s book, *A Manual for the PeaceMaker*, are included.

NOV 22-24

Kellogg Biological Center

Augusta, MI

\$125

THE UNFOLDING CREATIVE SPIRIT: This workshop is an uplifting, experiential day designed to awaken, liberate and embrace the creative self. We emphasize the process, not the product, and offer a variety of experiences with pencil, watercolor, oil, clay, and other mediums, in very unconventional ways, as a means to enhance the process of liberating our creativity. No experience necessary!

DEC 1, 9 am - 6 pm

The Hill Country Lighthouse

Dripping Springs, TX

\$25

Journey continued

by Laura Kesten-Beaver

walked us quickly to the outside doors, then outside, pointed in the direction of a bus stop and said, “Go across the street and stand in the center island. Wait for the bus that says ‘Terminal 4 & 5’ and it will take you to United.” He smiled and added, “Good luck.”

As we were waiting for the bus, I looked at my watch. We now had just 13 minutes to check-in at United or we would miss that flight too. I breathed — and told everyone to come together in a circle. We put our hands together in the center of the circle. I said, “For the highest good of all concerned,” and all of us, Cally, Jamie, Steve, Sarah, and I raised our hands up and over our heads.

The bus ride was interminable. We got off and ran to United’s check-in. The line was l-o-n-g, the time still shorter, and yet, once again I was not panicking, sweating, swearing, and blaming — just breathing. Then a man called, “Anyone for stand-by?” I looked down at our tickets and saw that the nice man at American had written “stand-by” on them. I ran over and handed the American tickets to the attendant. He looked confused, so I told him we had missed our flight and I would do anything, short

of giving up my first-born, if he would just get at least three of us on that flight. He immediately shifted his body, quickly tapped the keys on his keyboard, and one by one got us all on that flight. He then called the departure gate, told them we were coming, and ordered them to not close up baggage. He then, without charging us anything extra, handed me our tickets, smiled and wished us, “Good luck.”

We ran to the security check point, down the long hall to the gate, got on the plane, then collapsed in our seats and began laughing. How did this all happen? We quickly chatted about all the nice people who helped us with meeting our greater intention. We discussed that when we all put our hands together, said “For the highest good of all concerned,” and thus handed the process over to Spirit, we then just followed the direction of our greater intention. Not one of us had spent time or energy focusing on *not* getting there. So, I thought to myself, this is how ‘greater intention’ works! Had we been panicking, sweating, swearing, and blaming, we might not have made it. Instead our ‘greater intention’ opened us to Spirit, which led us to ‘miraculous good-doers’ who guided us on our way — not exactly home, but at least to California! ▲

INNER LIGHT MINISTRIES CALENDAR

PRESENTED BY STEVEN R. McAFEE:

For additional information, call Steven at 260-485-2167

SUNDAY SERVICES: Steven periodically serves as a guest speaker for various churches and spiritual groups in the Ft. Wayne area. If you would like him to speak to your group, please call to make arrangements. The following are presently scheduled:

SEPT 1, OCT 6, NOV 3, & DEC 15	11:00 am	Brigade of Light	Ft. Wayne, IN
SEPT 29	10:30 am	Unity Christ Church	Ft. Wayne, IN

COMMUNITY NIGHTS: The Ft. Wayne ILM community comes together for potlucks, music nights, video nights, or outings. Most of these events are suitable for children. We will meet in our home at 6228 Lombard Place, Ft. Wayne. No charge.

SEPT 25 7:00 pm-10:00 pm – “What Dreams May Come” movie & popcorn night
At Unity Christ Church, Ft. Wayne, IN, donations accepted

NOV 1 7:00 pm-10:00 pm – “Come As You Were” costume party
At our home, 6228 Lombard Pl., Ft. Wayne, IN

DEC 20 7:00 pm-9:00 pm – ILM Christmas party!!! At our home, 6228 Lombard Pl.

(We'll provide soft drinks, cookies, hot chocolate and cider; you bring your Christmas spirit!)

MONTHLY STUDY CIRCLE: Jesus & First Century Christianity. We are studying the teachings of Jesus within their own cultural context, as they may have been practiced in his own day. What we are discovering may surprise you! No previous Biblical knowledge is necessary to participate. We will be meeting on the following Sundays through the end of the year. The YWCA Villa is located at 2000 N. Wells St. in Ft. Wayne. Donations accepted.

SEPT 1, OCT 6, NOV 3, DEC 15	2:00-4:00 pm	YWCA	Ft. Wayne, IN
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APPLIED SPIRITUAL COMMITMENT (“ASC”) PROGRAM: Our year-long program will reach its completion in our September retreat. We will conclude our year together with a spiritual ceremony honoring all those who have participated. Registration for a new year-long program, called the “SEEK” program, will be open in September, and the meetings will begin in October. If you are interested, please read the next section in this newsletter, or call Steven for further details.

SEPT 13-15	Fri. 7:30 pm-Sun. 2:30 pm	GilChrist	Three Rivers, MI	\$125
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PEACE PRAYER: This is the “World Day of Prayer.” Individuals and representatives from many different spiritual traditions will be participating in ongoing prayer on September 11th at Unity Christ Church in Ft. Wayne from 6:00 am-6:00 pm. You are welcome to join us. Also, at 6:30 pm this day, the City of Ft. Wayne, Majic radio station, and the “Circle of Faith” will be presenting an inter-faith peace program for the public in the Foellinger Center in Ft. Wayne. Call Steven for more information.

SEPT 11	6:30 pm-8:30 pm	Foellinger Theater	Ft. Wayne, IN
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(Note: please be aware that new programs are often scheduled after the newsletter goes to press, and, in rare instances, published schedules may have to be altered. For current information on any event or series, please call the presenter or contact person listed with the program. Thank you.)

INNER LIGHT MINISTRIES CALENDAR

PRESENTED BY STEVEN R. MCAFEE: (continued) For additional information, call Steven at 260-485-2167.

SEEK PROGRAM: This new program is open to those of you who have completed the ASC program and want to continue working together, AND it is also open to anyone else who is interested in deepening their commitment to their spiritual life. The program will require a number of commitments, not least of which is to attend monthly meetings in the Michigan-Indiana region for an entire year from October 2002 through October 2003. The complete details of the program (requirements, meeting schedule and locations, costs, and contents) will be presented at a free luncheon meeting at the downtown Hilton Hotel in Ft. Wayne. **To attend the luncheon, you will need to register with Steven in advance by calling the number listed above, or by sending an email to mcafeesa@aol.com.** You will receive confirmation and further information upon receipt of your registration. There is no fee for the luncheon, and both meat and vegetarian meal options will be provided. **Reservations must be received by September 15th.** Enrollment in the SEEK program will take place after the luncheon meeting for those who decide to do so. Attending the meeting does NOT obligate you to enter the program; however, attendance at the luncheon IS required for admission into the program, unless alternative arrangements are made with Steven **prior to the luncheon.**

Orientation luncheon:

SEPT. 21	11:00 am-2:00 pm	Hilton Hotel	Ft. Wayne, IN	No charge
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Workshops:

OCT. 27 and NOV. 24	2:00-5:00 pm	YWCA	Ft. Wayne, IN	\$10
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DEC. 22 or DEC. 29	2:00-5:00 pm	YWCA	Ft. Wayne, IN	\$10
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(NOTE: This date will be finalized by SEPT. 22 and announced at the luncheon meeting)

YOU ARE INVITED TO JOIN ILM

**Have you been taking advantage of ILM's programs lately —
our classes, workshops and retreats?**

If so, you are cordially invited to become a Member of Inner Light Ministries. Becoming a member of ILM is a powerful way to affirm your affinity with us and the work we are doing in the world. So, if this sounds good to you, please fill out the form below:

PLEASE CONSIDER ME A MEMBER OF INNER LIGHT MINISTRIES:

Signature: _____

Printed Name: _____

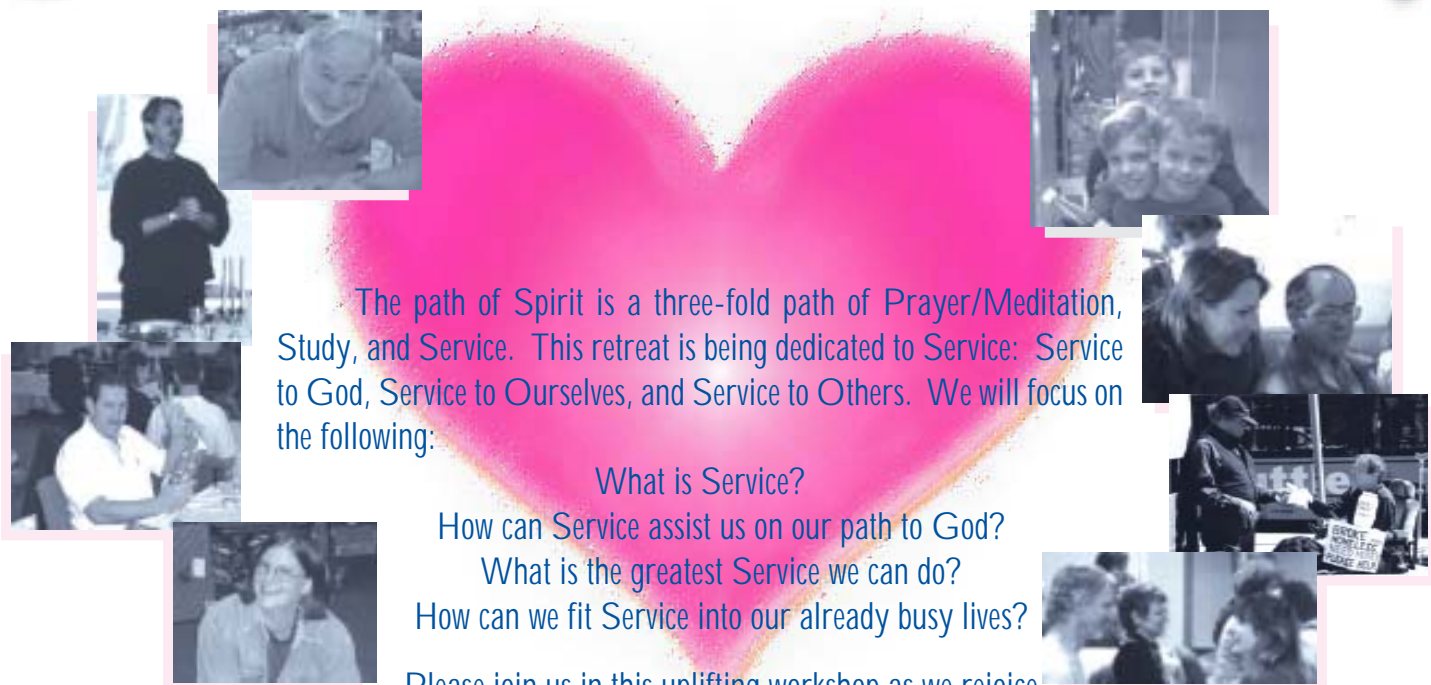
Address: _____

Mail to: ILM, PO Box 1086, Dripping Springs, TX 78620

There are no "strings attached" to ILM membership: you do not have to give up any other memberships you may hold, neither will you ever be solicited for money by ILM.

Service: God In Loving Action RETREAT

FACILITATED BY JIM GORDON, LAURA KESTEN, BRIAN YEAKY AND STEVEN McAFEE



The path of Spirit is a three-fold path of Prayer/Meditation, Study, and Service. This retreat is being dedicated to Service: Service to God, Service to Ourselves, and Service to Others. We will focus on the following:

What is Service?

How can Service assist us on our path to God?

What is the greatest Service we can do?

How can we fit Service into our already busy lives?

Please join us in this uplifting workshop as we rejoice in the many opportunities of Service.

"The path of service is not a matter of burden or duty, nor is it mechanical or ritualistic. It is simply living the qualities of Spirit and learning by doing."

— Jim Gordon, THE KNOWING OF GOD

Please note that Brian Yeakey will also be available for personal counseling sessions before and after the retreat. Please schedule your session in advance by calling Brian at 512-306-1056.

ILM REGISTRATION FORM:

Please send minimum deposit of \$50 (payable to ILM) along with this registration form to: Steven McAfee, ILM Midwest Coordinator, 6228 Lombard Place, Fort Wayne, IN 46815

* For further information call Steven at 260-485-2167, Fax: 260-486-9747, Email: mcafeesa@aol.com

SERVICE: GOD IN LOVING ACTION RETREAT

(Please print.)

NAME(S):

eMAIL:

ADDRESS & ZIP CODE:

DAYTIME PHONE:

EVENING PHONE:



LOVING FORGIVENESS

by Brian Yeakey, ILM Minister

This morning, on the day of writing this article, I woke up feeling kind of lousy, like my energy was all clogged and backed up inside of me. My frame of mind wasn't exactly what I would call positive or uplifting. And I could feel a headache about to come on from the pressure of it. I have learned that any time I physically feel this way, I also feel it emotionally and mentally. So I thought it was going to be a day of having to deal with the headache, and with whatever the internal struggle was that was the source of it. When I find myself in this state I end up spending some time, internally and externally, processing it to clear it up. So, I began my day by doing just that.

I begin all my days with meditation and prayer, and when something is up for me, that is usually what I start out with. After I called in the Light and began focusing on God and His loving, right away Spirit brought forward what this stuff was all about. I became aware that this internal pressure I was experiencing had to do with things of my past, and with my resistance to them because I wanted things to be different than what they were. I didn't want to keep doing things the same way I had in the past because I didn't like the way I felt when I did them, and I also judged myself for doing them.

I realized a few things in this process. The first big realization was with **acceptance**. I was struggling with myself, as I tend to do when things aren't going the way I want them to, in order to try to push my way through. But there are some things that I cannot change, especially things that are in the past! I wasn't accepting these things which I could not change for the way they were ... I was judging them, and, even more, judging myself for how I reacted to them. As soon as I came into acceptance of the situation, I felt the pressure lift off of me and the loving of Spirit

come into me. It was wonderful! And with these feelings in this experience, I also became aware that this is what I was going to write about in this newsletter article. It all came at once, even the title of *Loving Forgiveness*.

In this acceptance I became aware of the **forgiveness** for my past. I forgave my past situations and the judgments that I had placed on all of it, and I forgave myself. I consciously practiced acceptance, and then I found that I moved into forgiveness automatically it was just right there. I didn't have to think about it, I just did it. And once again, I could feel the loving of Spirit come right into me and the situations, and free me of the judgments and the hurts around it all.

The last big realization I had in all of this was that God didn't remove my memory of my past, but rather He healed (lifted) the charge of energy that I had on it, that is, the judgment I had on it and on myself. I still had the memory, but no longer did I have the pain or judgment on it. Instead, all I had was this wonderful feeling of acceptance and loving. I realized that I no longer needed to judge my past, but rather just accept and forgive it. And in this realization, what I had wanted all along began to appear ... that was God's Loving! I realized that *I* was the one who had to accept myself and others in order to forgive and experience God's Loving for me. And *Loving Forgiveness* is the key that opened this door for me!

I also realized that *Loving Forgiveness* was the very thing that I needed to do in order to be able to change my actions of today so that, in the future, I wouldn't keep repeating my actions of the past. *Loving Forgiveness* would give me the opportunity to create the future that I wanted both internally and externally. And so here I am, at my computer, beginning to create the future that I want, right now. And that future is one with acceptance, forgiveness, loving, abundance and joy and all that God has to give! ▲



THE LIVING WATERS

by Steven McAfee, ILM Minister and Midwest Coordinator



Take two glasses of water. To one, add an abundant amount of granulated sugar, stirring until it is completely dissolved into the water. To the other do nothing. Observe the water in the two glasses. They appear identical. They have the same color and shape. Touch the water. The temperature and texture feel the same. There is no apparent difference. And, if someone other than you had placed the sugar into one of the glasses, you would never know it. Even if you did suspect it, you would have no way to tell which was which. Unless you tasted them. Then it would immediately be clear: it is the flavor that has changed.

When we look at spiritual traditions, there are obvious differences. The “glasses” which contain them are quite diverse. Some believe in one god, others talk about multiple gods; some delight in rituals, others disdain them, this one believes in that teacher, this one in another. But each claims to offer a way to know God or a pathway to enlightenment and liberation. We become part of a tradition to somehow make whole what feels broken in us, and to connect with a mysterious something or “Someone” that is greater than ourselves and that leads us to a more profound experience of life and of love. We hope it will give us whatever is missing in our lives.

So, we adopt a set of beliefs and practices and participate in our chosen group. Often we do so hoping that our commitment to the tradition will, in itself, provide us the relief and realization we seek. “If I just believe in ‘this teacher’, everything in my life will be fixed.” Or, “If I can just give up all my attachments to everything and everyone, I won’t hurt anymore.” Or, “If I _____, then _____.” We go to our meetings; we read the right books, and we profess the values that our tradition says we should have, and we judge how well we are doing by how well our lives are going (even if we are told not to judge and not to be attached to the results of our actions). And often the truth is that the conditions of our lives stay much the same. We have the same challenges in our relationships, our finances, and our health that we had before. People do not treat us any better, our bills are still due, our bodies don’t always work as well as we want them to, and un-

kindness hurts as much as it always did. So what is the difference? When people with a spiritual practice and people without one experience the same difficulties in life, why should one be part of a spiritual tradition at all? The glass of their life and the glass of ours looks the same. However, as with the glasses of water, the difference is in the ‘taste’.

A person’s thirst is not quenched by seeing water, nor even by touching its coolness. The magic happens when we drink. We “drink” by practicing the teachings. When we do not merely believe in them, but apply them, even in situations where it is most difficult to apply them. We don’t lose weight by learning a new diet or get in better shape by sitting at the door of the gym. Just so, we need to do our spiritual practice, whatever the practice is for our spiritual tradition. It is by doing the practice that we can cross over the threshold and *enter into* the spiritual life of our tradition, not simply believe in it. What is the practice that brings us across the spiritual threshold? Prayer and meditation. When we actually practice meditating rather than reading or talking about it, *then* something happens. In meditation and deep, heartfelt prayer, we can actually experience something ... something not definable — a living spirit, a divine presence. It is like hearing the most precious, beautiful melody you have ever heard, one that brings tears to your eyes and joy to your soul. It is like finding a long lost love. It is a moment so wonderful you want it never to end. There is divine nectar hidden in the ‘glass’ that refreshes and nourishes the soul with its fragrant sweetness. But to taste it we must drink.

Only when we drink do we begin to experience the invisible ‘sugar’ in our life. There is a gentle current of joy that starts to reside in our hearts that is not dependent upon our condition in the world. People become more precious to us, life becomes more dear, and even though we still face troubles and pain, we do so with a deeper appreciation for the wonder of it all. That invisible sweetness is what transforms the ‘flavor’ of our life. It is the taste of love. I believe that experiencing the sweetness of this divine love for ourselves is the aim of all religious traditions and the purpose of all spiritual teachings. No matter what tradition we follow, let us believe it enough to take action, to persist in our meditation and prayer ... to not worship the glass, but to drink deep of its living waters. ▲

INNER LIGHT MINISTRIES NEWSLETTER

ABOUT ILM

INNER LIGHT MINISTRIES (ILM) is a nonprofit outreach organization founded in the fundamental principles of ancient esoteric Christianity. It is dedicated to the development and balancing of the fourfold nature of the individual. Towards this goal, it provides education and services concerned with the integration of the spiritual, mental, emotional, and physical aspects of the self, and also provides publications and materials that aid in this process.

Among its fundamental tenets is that we truly are “temples of the Holy Spirit.” As we seek and express this presence within, we find the peace, love, power, and wisdom we all so earnestly desire. The many services of ILM are geared towards this path of individual unfoldment — such as meditation, study, and prayer on an individual and group basis.

Service to humanity and the planet is ILM’s second major emphasis, and ILM encourages indivi-

An excerpt from a popular tape:

Abundance I

by Jim Gordon

“Whenever I get my paycheck, whenever I get money, I bless it before I deposit it. And when I take money out of the checking account to go buy things with, I bless it before I spend it. I say, “I give thanks for the abundance in me, and may the abundance expand through this action of spending this money. And may that expansion, that awareness of abundance, also go to whoever touches it.”

— Jim Gordon

(Please see page 3 for information on ordering tapes.)

dual service, in any of a wide variety of possible forms, as a vital aspect of our daily experience.

Please write or phone for more information about ILM.

ILM:

Executive Office: Jim Gordon, 203 Buckeye Trail, Austin, TX 78746; Business Office: Tom Beaver, P.O. Box 1086, Dripping Springs, TX 78620; Midwest Office: Steven McAfee, 6228 Lombard Place, Fort Wayne, IN 46815



Inner Light Ministries

Editorial and Publishing Office

P.O. Box 164332

Austin, Texas 78716-4332

Phone: (512) 894-0992

FORWARDING SERVICE REQUESTED

